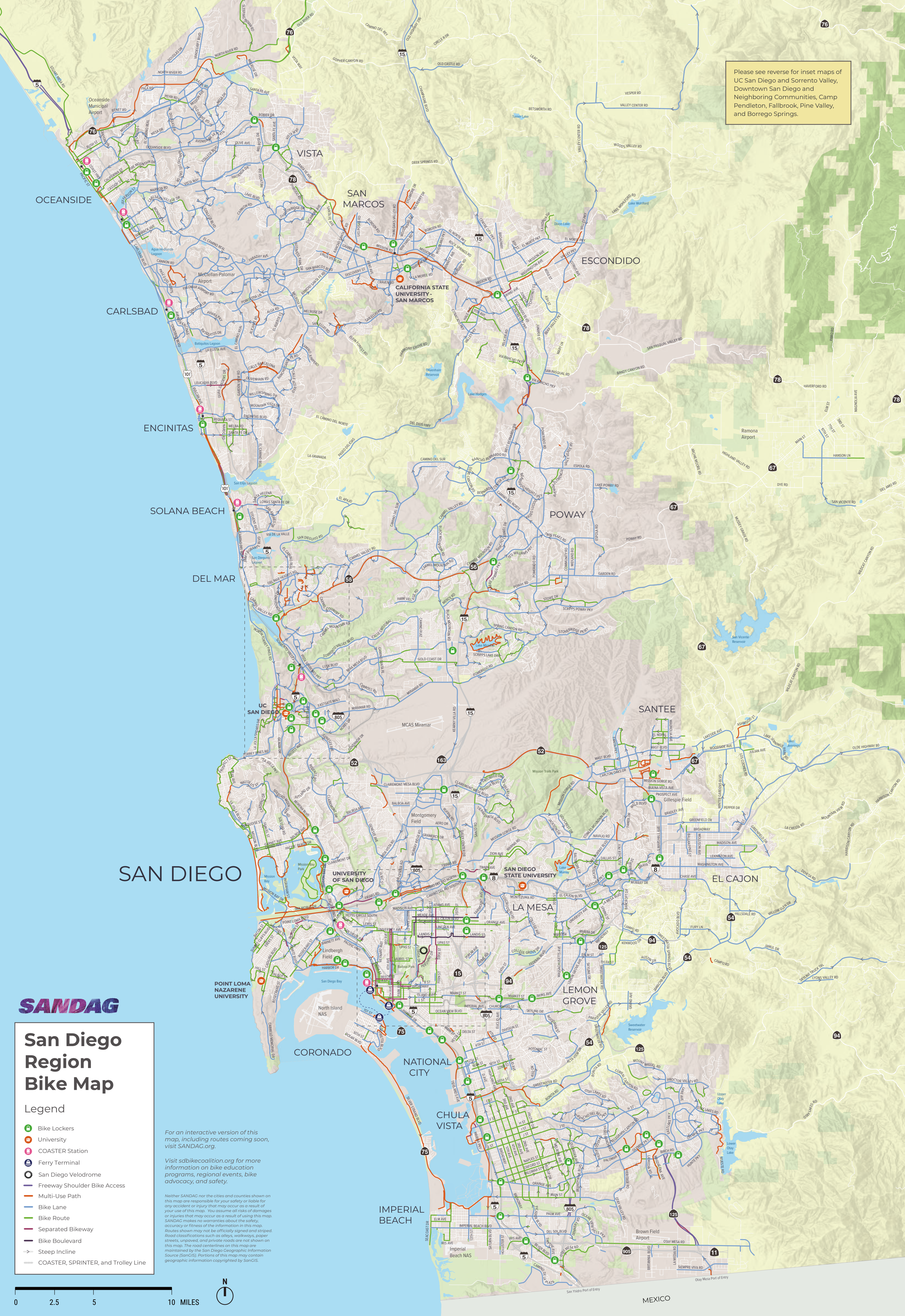


Please see reverse for inset maps of UC San Diego and Sorrento Valley, Downtown San Diego and Neighboring Communities, Camp Pendleton, Fallbrook, Pine Valley, and Borrego Springs.



SANDAG

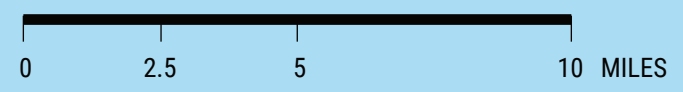
San Diego Region Bike Map

- Legend**
- Bike Lockers
 - University
 - COASTER Station
 - Ferry Terminal
 - San Diego Velodrome
 - Freeway Shoulder Bike Access
 - Multi-Use Path
 - Bike Lane
 - Bike Route
 - Separated Bikeway
 - Bike Boulevard
 - Steep Incline
 - COASTER, SPRINTER, and Trolley Line

For an interactive version of this map, including routes coming soon, visit SANDAG.org.

Visit sdbikecoalition.org for more information on bike education programs, regional events, bike advocacy, and safety.

Neither SANDAG nor the cities and counties shown on this map are responsible for your safety or liability for any accident or injury that may occur as a result of your use of this map. You assume all risks of damages or injuries that may occur as a result of using this map. SANDAG makes no warranties about the safety, accuracy or fitness of the information in this map. Routes shown may not be officially signed and striped. Road classifications such as alleys, walkways, paper streets, unpaved, and private roads are not shown on this map. The road centerlines on this map are maintained by the San Diego Geographic Information Source (SanGIS). Portions of this map may contain geographic information copyrighted by SanGIS.



San Ysidro Port of Entry

MEXICO

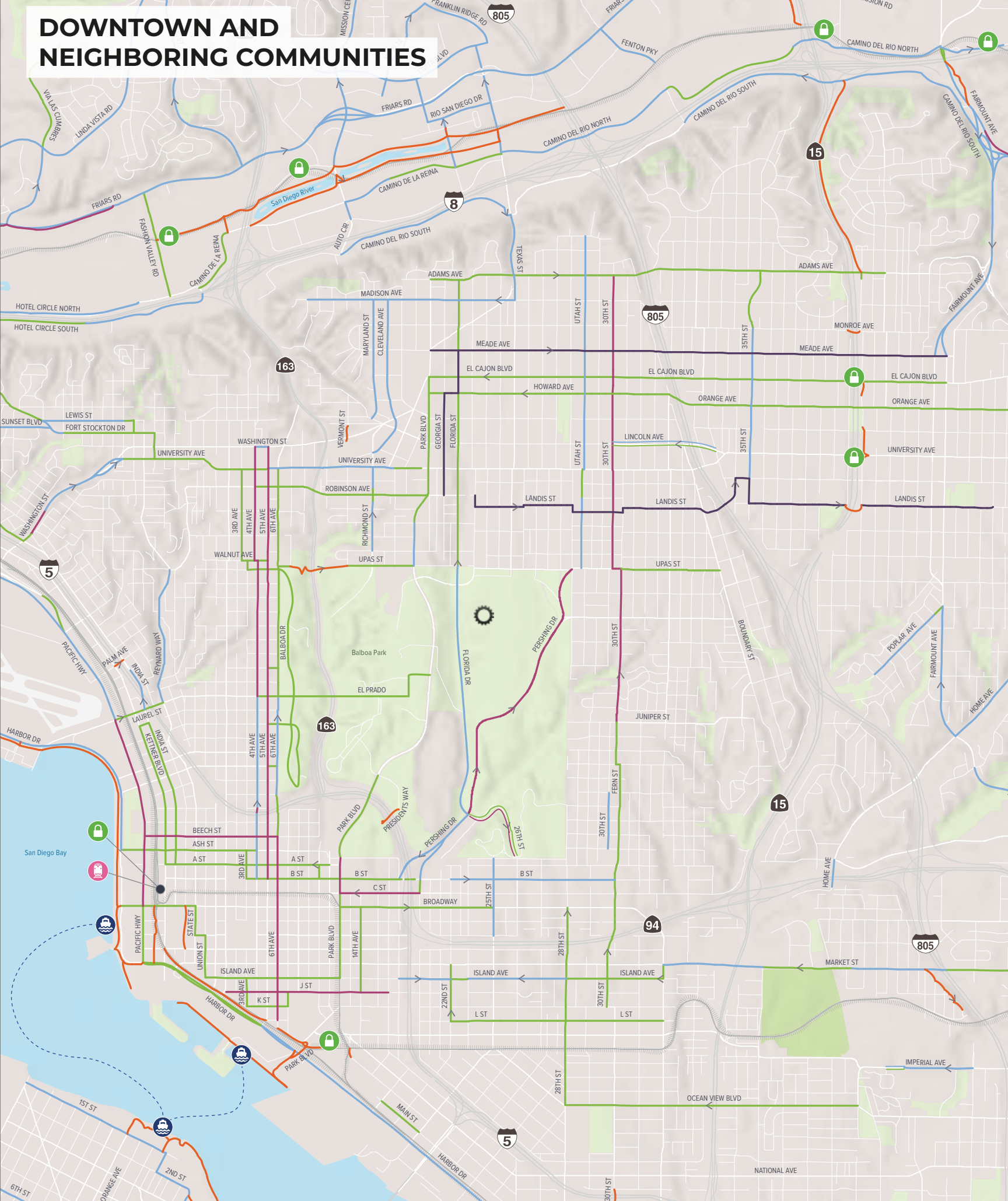
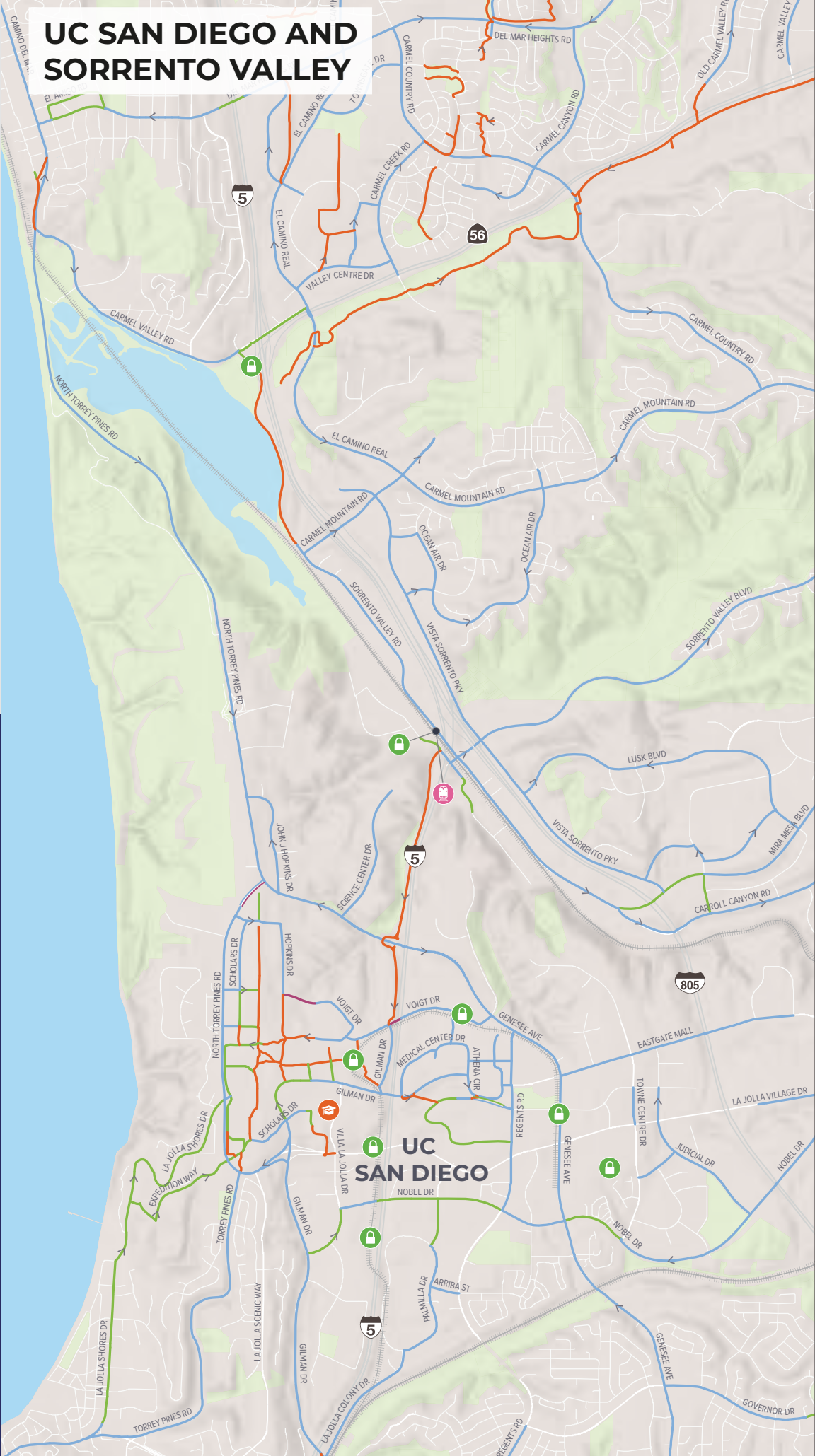


San Diego Region Bike Map

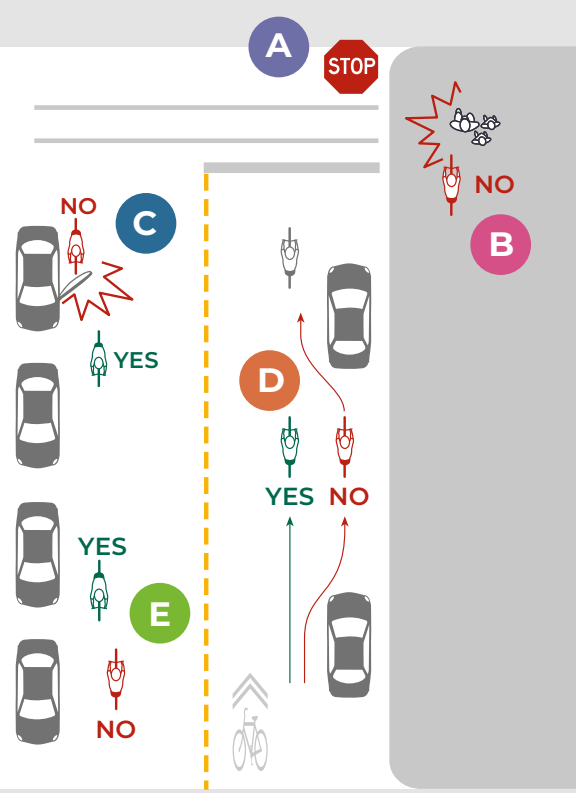
Legend

- Bike Lockers
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The San Diego Association of Governments (SANDAG) is the regional agency that connects people, places, and innovative ideas throughout our unique and diverse communities. SANDAG is committed to creating a San Diego region where every person who visits, works, and lives can thrive. By building a high-quality network of regional bikeways and complete streets that safely connect people of all ages and abilities, SANDAG is creating more ways to get you to the places that matter most—whether it's work, school, or play!

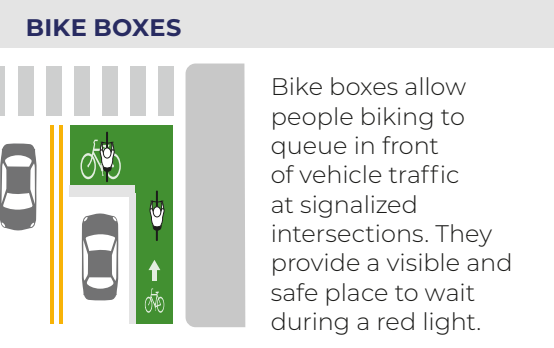


RIDING SAFELY ON THE STREET

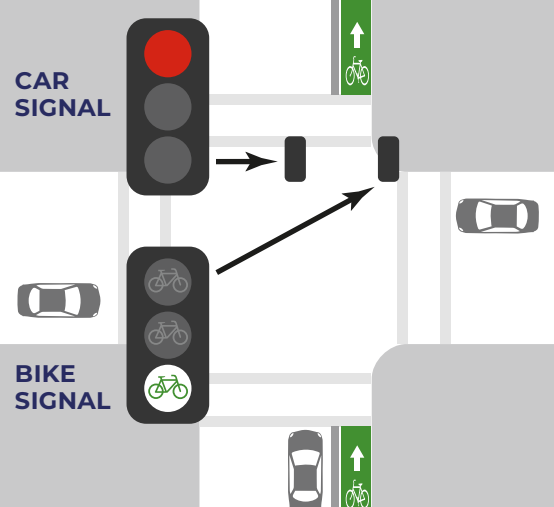


- A OBEY TRAFFIC REGULATIONS**
Riding predictably and following the law are keys to safe bicycling on San Diego's streets.
- B YIELD TO PEDESTRIANS**
If you ride on the sidewalk, yield to pedestrians and slow down or dismount. Use an audible warning prior to passing a pedestrian.
- C AVOID THE DOOR ZONE**
When riding next to parked cars, be sure to stay outside the "door zone". This space is typically 3 to 4 feet from the car.
- D RIDE IN A STRAIGHT LINE**
Avoid weaving between parked cars.
- E RIDE WITH TRAFFIC**
Never ride against traffic. Motorists and pedestrians are not looking for bicyclists riding the wrong way down a street.

NAVIGATING INTERSECTIONS



BIKE SIGNALS



Bike signals indicate when people biking can safely cross an intersection using a dedicated traffic light with green, yellow, and red bicycle symbols. They specify bicycle-only movements to people biking through the intersection.

LOCK YOUR BIKE

Bicycle theft is a common problem. Never leave your bike unlocked, not even for a second!

Use a high quality U-lock or the best cable lock you can afford.

Always lock the frame and front wheel to a secure rack or post, since wheels can often be easily removed from a bike.

For extra security remove the front wheel and lock it with the frame and rear wheel.

Secured bike locker spaces are located at most transit centers. Register online at SANDAG.org and then use any of the nearly 700 spaces in the San Diego region.

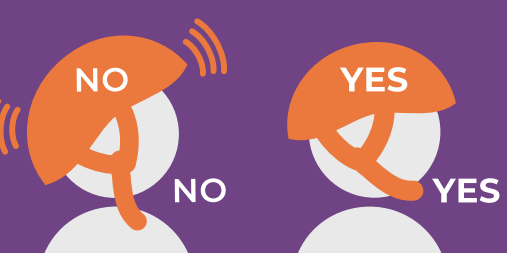


USE A HELMET

Helmets are required for bicyclists under 18 and recommended for all users.

Your helmet should fit snugly. Make sure it is level and is not tilted back or forward.

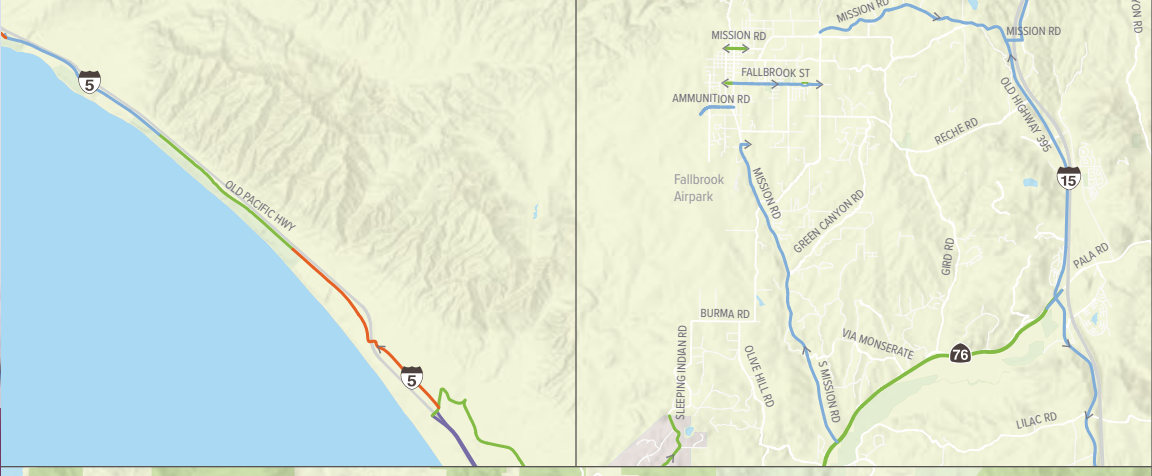
The front of the helmet should sit low above your eyebrows and the chinstrap should be buckled securely at your throat.



SEE, BE SEEN, AND BE HEARD

Use lights at night or when visibility is poor. A white headlight, rear red reflector, and side reflectors are required by law. Rear red lights are strongly encouraged.

Bike bells are a great way to communicate with those around you.



FREE BIKE MAP

SAN DIEGO REGION