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To: [Clerk of the Board](#)
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As we make policy concerning bicycling, there is an observation I have never heard anyone else make. So given the amount of money we spend on bike lanes and related items, I will make it.

Every SANDAG meeting we are told that if we had safer roads and trails, adults would embrace bicycling. That if people were more fitness-oriented, that if showers and changing rooms were available at work, adults would embrace bicycling.

No, they won't. Here's why.

Many people have hobbies. Stamp collecting thrills you but bores me to tears. Your passion is restoring old cars, and that guy would rather watch paint dry. And if you are spending your valuable time at Sandag on behalf of a bike riders' coalition of some sort, bicycling is most definitely a hobby that you enjoy passionately, and probably cannot fathom why other people don't.

So here is that other-people perspective. Love of bicycling is almost universal among children, but most adults lose that sense of thrill, the feeling that riding a bike is a real rush. And they will not regain it.

Also, there is something about the motion of pedalling and the body posture of bike riding that is physically painful for many people, myself included.

I exercise regularly and haven't owned a car in years. Though almost 60 years old, I would cheerfully walk 5 miles rather than ride a bike two blocks. And that has nothing to do with safety concerns.

- Joan Rincon, National City